

Winter on the Hills

Carlton in Cleveland

5th – 7th December 2008

Explorer Event Open to all Explorer Scouts and Ranger Guides.

This is a very popular event and you should book early to save disappointment. The cost is excellent value at £37.50. All the fun, transport, food and yes the superb Christmas Lunch on Sunday is all included.

**Never
been
before?**

Well this is what we do - you will be placed in a walking teams of 5 to 6 people for the weekend and your team will route plan and prepare route cards on the Friday evening. After a good breakfast on Saturday morning (cooked by the Explorer Leaders) your team will undertake a walk over open moorland. This usually takes about 5 to 6 hours to complete. On Saturday evening Cleveland Mountain Rescue will prepare your walking teams for a simulated maintain rescue, which is undertaken by your team on Sunday morning.

Transport

This is provided to and from Carlton in Cleveland. Collection and drop off points near to where you live together with times will be arranged before the event and details will be sent to you.

Accommodation

Sleeping is indoors in the Watson Scout Centre, Carlton in Cleveland. In tents, near the flagpole for the Plus group. Bring casual clothes and indoor shoes or trainers. A payphone is in the Centre - telephone number 01642 712539.

Kit Required

Walking boots	Fleece/Coat	Whistle
Walking socks + spares	Gaiters (optional)	Map (see below)
Waterproof jacket	Small flask 0.5 ltr	Rucksack
Waterproof trousers	Water container 1.0 ltr	Small first aid kit
Warm hat & gloves	Emergency Rations 200g	Survival bag
Spare warm clothes	Compass	Sleeping bag
Waterproof bag for spare clothes	Torch + spare battery and bulb	

Maps

Outdoor Leisure 26 North York Moors - Western Area

Preparation

You should have a basic understanding of route planning, route cards, map reading, compass work and be fit enough to complete a 16km hike in exposed terrain. A refresher course of these basic skills should be given by your Explorer Unit Leader prior to the event.

Booking

PC form to be returned together with the £37.50 fee before **1st November 2008** to Marion Carrington Winter on the Hills Raywell Activity Centre, Riplingham Road, Cottingham, East Yorkshire, HU16 5YL. Cheques to be made payable to Humberside Scout Council. Places can also be booked with a deposit, balance in full before the event.

PC forms can be obtained from humbersidescouts.org.uk

All participants must inform their District Commissioner prior to the event.

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The cost of the weekend includes transport to Carlton, food and all activities.

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PERSONAL DETAILS	
Name	D.O.B.(dd/mm/yy) <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female
Address	
.....	
Post Code	Telephone N ^o (Land Line).....Mobile.....
Email	Telephone Contact N ^o During the Event (if different from above)

HEALTH DETAILS			
NHS Number			
GPs Name	Dr	GPs Telephone number	
Address/Surgery			
Does he/she have any drug, food or other allergies? (If Yes please give details)		Yes	No
Is he/she taking any medicines/inhalers etc ? (If Yes please give details)		Yes	No
Does he/she have any special dietary needs ? (If Yes please give details)		Yes	No
Does he/she have any other special needs ? (If Yes please give details)		Yes	No

I give permission for to attend Winter on the Hills. If it becomes necessary for medical treatment to be given and I cannot be contacted to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the Scout Leader in charge to sign any document required by the hospital authorities.

Signed (Please print name) Parent/guardian

Date.....

EXPLORER UNIT LEADER ~ IMPORTANT	
The above Explorer/Ranger Guide has a basic understanding of route planning/cards, map reading, compass work and is capable of completing a 16KM hike in exposed terrain and winter conditions.	
Signed Unit Leader	Print Name

Winter on the Hills Plus.

I have attended Winter on the Hills events in December..... and and wish to participate in the Plus winter navigational and leadership skills training.

Signature.....Participant

To conform to the UK Data Protection Act you are advised that the information on this form will be entered onto a computer and used for County Explorer Training purposes only.. Some photographs may be taken during this activity which could be used on the Scout website. The privacy of any Explorers photographed will be protected, no individuals will be identified or personal details used with any material published.