

FELLS MARATHON 2017.

6th, 7th & 8th October 2017

Watson Scout Centre
Carlton In Cleaveland
Middlesbrough

info@fellsmarathon.org.uk

www.fellsmarathon.org.uk



The Fells Marathon

THE FELLS MARATHON is a two-day hiking competition for Scouts and Explorer Scouts. Carrying full kit for the two days, the Scouts walk around 20 miles with the Explorer Scouts completing a route of about 26 miles. Overnight the teams cater for themselves on a remote site monitored by event staff – no leaders or team supporters are permitted there. It is a test of navigation, camping skills and endurance.

Typically, the event is run in, or close to a northern National Park such as the North Yorkshire Moors, Yorkshire Dales or the Peak District though it does sometimes visit other Areas of Outstanding Natural Beauty such as the Forest of Bowland in 2014. So that teams don't become familiar with a route we usually leave a gap of at least 3 years before re-using a centre.

The event first ran in 1975, organised by the Late John "Swifty" Loncaster & Dave Laud both competent mountaineers who competed twice in the then Karrimor Mountain Marathon.

The idea came to create a similar event for scouts, to challenge them to survive 2 days carrying all they need and navigate a route against the clock, from this the Haltemprice Scouts Fells Marathon was born.

The event celebrated its 40th running in 2016. It is now run by Blacktoft Beacon District Scouts and has evolved with the times but still carries its original ethos. The event now has an average of 30 teams from both the Scout & Explorer sections.

New for 2017 is the "Fells Lite" category – a starter category for younger Scouts – the elements are the same but overnight kit is transported for the team.

The Fells Marathon 2017

It's that time of year again, planning is well underway for the 42nd edition of the Fells Marathon.

This year we have made a few changes to the Fells Marathon, with the addition of our new category 'Fells Lite' a challenge for our younger scouts who aren't quite ready to carry all the kit yet but are ready to walk the route.

This year we are heading back to Carlton in Cleveland and the Watson Scout Centre, a frequent haunt for the event. The last time we visited this was in 2012 and the weather was great, so let's hope that our eighth visit is the same.

For the third year running we have held the price at £70 per team. Entries continue to be administered by Claire & Ellie Moverley from South Cave Scouts. It will be a great help to them if you can get your entries in as early as possible. Entry will only be guaranteed on receipt of the entry fee, we are now taking payments by bank transfer to make things a lot easier. If you would like to pay by transfer the details are: 40-25-59 (sort code) and 60191973 (account number). Claire will also be collecting names & money for adults wanting indoor accommodation & food for the weekend. This is priced at £15 for accommodation and food or £10 for food only. If you would like accommodation or have entry queries, please contact Claire by email, minimov@live.co.uk. Please indicate on the entry form if you have adults requiring food.

The Pocklington Scout leaders will once again run the overnight site to their usual terrific standard. As a reminder, access to the overnight site is restricted to the site staff & members of the organising team ONLY.

Mike will be coordinating the route & checkpoints and if you can assist with running checkpoints please let him know by email, safety.team@fellsmarathon.org.uk

One important point. PLEASE ensure that all adults assisting your team are, as a minimum, registered as an occasional helper and have current DBS check. It is the responsibility of the Leader in Charge of the group to ensure compliance with this.

Any questions about the event in the weeks before should be directed by email to info@fellsmarathon.org.uk We all look forward to seeing you there.

NEAL & ELLIE

FELLS MARATHON RULES AND ENTRY CONDITIONS

- The maximum entry is for 35 teams. Places will be allocated on a first come first served basis with entry fee and ALL forms securing places.
- The event is split into 3 categories as shown below:-

Fells Marathon & Wolds Challenge Age Categories

Event	Category	Minimum Age*	Maximum Age**
Fells Marathon	Fells Lite	10	Under 13
	Scouts	11½	Under 14½
	Explorer Scouts	13½	Under 18
Wolds Challenge	Scouts	10	Under 14½
	Explorer Scouts	13½	Under 18

* Participants must have reached this age on the date of the event

** Participants must be below the maximum age at the start of the event. Where a birthday takes place on the Saturday or Sunday of the Fells weekend they are considered below the age cut off for the whole event. (Note to POR 4.7.L refers)

- Teams consist of between 4 and 6 members (4 or 5 for Fells Lite). To be given a placing in the competition the all members that start must finish.
- Non competing teams may take part in the event, for example mixed Scout / Explorer teams walking the Scout route or Leader Accompanied teams. This is encouraged however priority for entries is given to competing teams.
- A Leader in Charge from each entering team must be present on the event. That leader will be responsible for the young people on the Friday night and be able to be contacted throughout the event if a team member retires.
- There is to be NO leader intervention with their teams once the event has started. There is a large element of trust here as leaders run some of the checkpoints. Intervention by leaders, as determined by the organisers, will mean that the team involved will not be placed in the competition.
- All team members must complete the medical and consent form in this booklet and send them in with the team entry form. These will be held by base control and the overnight site in the event of an emergency.
- On arrival each team will need to check in as a whole team and have their emergency wrist bands attached, then 2 members of each team will need to go to have the teams maps check, the remainder of the team can go set up camp.
- All competitors must wear the emergency wristband throughout the whole event (if it

comes off, please advise a member of the Fells Marathon team)

- The route is issued to entered teams by email on the Sunday prior to the event.
- There will be NO use of GPS devices by any teams, the event is a test of map and compass skills and route finding.
- Each team must carry at least one mobile phone and the numbers will be recorded at sign on.
- In the event of an emergency teams must contact event control. All emergency numbers are listed on the wristbands. Event control will arrange and coordinate support via sweep teams, response teams or external agencies if required. Parents and leaders should not be contacted by teams as this can lead to delayed response by appropriate help.
- Each checkpoint is manned and with the orienteering flags and punches. Each scout carries a punch card which must be punched at each point. On arrival at each checkpoint everyone must arrive together—remember you are walking as a team.
- If a team member retires on the Saturday they will be taken by the body wagon to the overnight site and will camp with their team. They must not take all the team equipment with them to lighten the load, the remaining team must still have a sleeping bag each, stove and fuel and tent to shelter in the event of an emergency.
- Each team is responsible for litter and MUST take it with them and dispose of it at the overnight site or the finish. Please remember the country code.

Special Rules for New for 2017 Fells Lite Category

The Fells Lite category is aimed at younger Scouts who struggle with or may be injured by heavy loads but are capable of walking and navigating the route.

The route and rules for the category are the same as for the Scout event with the exception of:-

- Teams must be entered as the Fells Lite category on the entry form included in this booklet. Changes cannot be made on the weekend.
- The age range is defined in the table above.
- Because of the difficulty in leading a team of inexperienced walkers the team size must be either 4 or 5 members. Larger teams are not permitted.
- One experienced team member may be above the age range but must be below 18. This is to assist in navigation and help develop confidence in the younger team members.
- All members must camp at the overnight site.
- Overnight equipment as marked in the kit list will be transported to the overnight site by the

organisers.

- Overnight equipment must be of a type normally carried when hike camping – ie of a lightweight type. Patrol tents, large stoves etc are not permitted.
- Overnight equipment must be packed into a maximum of two rucksacks or holdalls clearly marked with the team name and number.
- Overnight equipment will be inspected at kit check.

THE FELLS MARATHON TEAM

Organising Team for the 42nd Fells Marathon

Event Director

Neal Ingram – The buck stops here.....

Safety Team Director

Mike Grayson – Hides the stress of the event well, he doesn't look bad for a man of just 25 years old.

Entries Director

Claire Moverley – Always has a smile, just make sure you listen well (and fill in your entry form correctly!!) or the smile may fade.

Communications Director

Ellie Moverley – The baby of the team, just don't let that fool you, there's a lot going on in that head

Event Connoisseur

Rachel Moore – Quietly works away in the background to keep the event going forwards.

Communications Team Leader

Frank Cook – Has a reputation to uphold, just don't let that fool you, he is a teddy bear at heart

Base Radio and Check point Admin

Jo Cook – As the saying goes..... behind every great man there's a great woman, and after a decade of marriage, there's no greater woman than Jo Cook

Event Controller

Gary McCune – Clear and concise messages are what is needed for control. He doesn't have time for weather reports.

Route Planning and Map Control

Charles Holmes and Snaith Leaders – comprehensively checking maps to ensure the scouts don't end up in Timbuktu

Start and Finish Controllers

Jo Atkinson and Pauline McNee – Has taken over from her dad after learning from the best.

Overnight Camp Controllers

Robin Hull and Pockington Leaders- Always have smiling faces to welcome you to the overnight site, just don't arrive too early or they will give you all the jobs to do.

Kit Check

Paul Wharram and Team from Elloughton cum Brough - They know all the tricks of the trade and work like a well-

oiled machine. Just make sure you have the right equipment if you want to keep them smiling

Scout Rear Sweep Team Leaders

Martin Hunter and Simon Blood – Always sweeping up the stragglers, if you don't want to be swept along by them you just need to keep moving

Scout Mid Sweep Team Leader

Laurie Cartledge "*Old Woodbeads*" and Co – Pray the kids don't go missing before Laurie's 3 course lunch or they'll never be found.

Explorer Sweep Team Leaders

John Jobling and Graham Annan- Have the ability to find scouts before they know they are lost in Narina...

Body Wagon

Dave Atkinson and Harvey Lenham – Always floating around in the distance, just waiting to be needed by someone, anyone, they are not fussy.

Catering Team

Brenda Marshall and John Blood – Cooking up a storm in the kitchen, keeping us all fed and watered.

Retired Team

Dave Laud, Tom Hall, John Gould. The "Fells" wouldn't be the event it is today without their dedication to the event, they are now very much embedded in Fells folklore.

We also remember those who have passed away and are very much missed.

John Loncaster – Co founder of the Fells who sadly passed away in 2004

Bob Gunby – Planned Routes and selfishly served on the Sweep Teams for the Fells and Wolds. Who sadly passed away in 2010

Danny McNee – Start and Finish Controller who made it an art. Who sadly passed away in 2015

Forever in our thoughts, we cannot replace them but we can remember them all with fond memories.

TIMETABLE FROM FRIDAY TO SUNDAY

FRIDAY from 1800 On arrival please park where directed and book in at event control in the main building with Claire and Ellie.

After check in two members of each team will need to go to map control and have their maps/route cards checked and signed off. Please do this as soon as possible. Note no leaders are permitted in Map Control. The rest of team can to set up camp and prepare team and personal kit.

1900 – 2200 – Map Control Open – ALL teams must attend Map Control on Friday night

2200 - Meeting for all leaders giving a final update for the event. Food will be available for leaders during meeting. Bring a drink to wash it down.

SATURDAY Breakfast will be served for staff and leaders who request (and pay for..) it from 7am.

0700 to 0830 - Sign On for Checkpoint Teams, Sweep Teams and Response Teams. Radios and checkpoint kit will be issued. Jo & Frank Cook and the Communications Team

0800 - Kit check starts for full competing teams within a first come first served order (once a team enters kit check they will continue to the start).

0815 - Map control open for teams having remedial actions from Friday night

0830 - First teams will start, after handing in paperwork (last team will leave by 10am).

0830 - Fells Lite teams required at kit check

0900 - First start time for Fells Lite

1430 approx - Teams arrive at overnight site. ONLY FELLS MARATHON TEAM ALLOWED ON SITE.

SUNDAY Breakfast will be available for adults that have booked it from 0630 - 0830

0700 to 0830 - Sign On for Checkpoint Teams, Sweep Teams and Response Teams. Radios and checkpoint kit will be issued. Jo & Frank Cook and the Communications Team

0800 - Mass Start—both scout and explorer route start together.

1100 approx. - First teams arrive back and check in with finish control.

1200 dinner is served for the finishers - outside if not raining.

1500 approx - presentation of certificates and trophies. GO HOME — SEE YOU ALL IN 2018

FELLS MARATHON ENTRY FORM

To FELLS MARATHON 2017, 1 Castle Drive, South Cave , East Yorkshire HU15 2ES

Tel-07803247324 Email – communications@fellsmarathon.org.uk

ONLY ONE TEAM PER ENTRY FORM PLEASE NO ENTRIES WILL BE ACCEPTED WITHOUT PAYMENT

Team Name	
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Category – Please Tick One

Fells Lite		Scouts		Explorer	
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Competition Status – Please Tick One

Competing Team	
Non Competing – Leader Supported	
Non – Competing – Explorers on Scout Route	

	Team Member Names
1	
2	
3	
4	
5	
6	

I enclose a cheque, payable to 'Fells Marathon' for £..... Being the cost for Teams @ £70 per Team.

Group/Unit District.....

Leaders in Charge Name.....

E-Mail.....

Address

Home Tel

Leader Contact TEL (on event).....

Signed Leader in Charge

LEADER FOOD. Food is available in the centre for leaders £8 for the weekend.

FOOD REQUIRED YES / NO NUMBER OF LEADERS TOTAL £.....

FELLS MARATHON – CONSENT AND MEDICAL INFORMATION

CONFIDENTIAL

TEAM NO..... (completed by fells team)

Surname.....

First Name

Home Address

Contact Address (If Different)

Home Telephone Number

Scout Troop

Date of Birth

24 hr EMERGENCY Contact Tel(Ideally parent)

GP Name

GP Address

Please advise us of medical conditions

Please list any allergies.....

Please list any medicines.....

I give permission for my son/daughter/ward to attend the Fells Marathon. The information provided is accurate and complete to the best of my belief and knowledge and I will inform the organizers if he/she is in contact with any infectious disease in the 3 weeks prior to the event. I agree that any adult leader may consent to medical treatment for him/her in an emergency should postponement of treatment whilst my own consent is obtained be considered detrimental to him/her.

I do / do not give my consent for my child's photograph to be taken throughout the Fells Marathon 2017 and to be used to publicise the event throughout the Scouting Social Media.

Signature Parent/Guardian

DBS CHECKS MUST BE UP TO DATE

Association rules mean that any adult staying overnight on the camp sites or helping with the running of the event (Kit & Map Check, Checkpoints, Body Wagon etc) MUST have a valid disclosure. Is yours up to date?

Accountability for this rests with Leaders in Charge of teams and we will ask you to declare that all adults assisting your group are registered as at least an Occasional Helper and have a valid Disclosure.

Please check this NOW.

For event staff not attached to groups we will be making checks on Compass to ensure that you are compliant. Sweep Team Leaders can help with this by ensuring all their members are compliant.

Please act now to ensure that you can attend and help on the Fells 2017

NIGHTS AWAY ARRANGEMENTS

Friday Night

- Friday night is a preparation night for the teams and we expect that they will camp with their troop or unit at the main Fells Marathon centre. This is to allow their leaders to provide appropriate support for last minute issues.
- The team is the responsibility of their own group or unit on the Friday night. Usual Scout Association POR requirements for nights away apply. The group therefore needs to have a Leader in Charge with a Camp Site Nights Away Permit present on the Friday night.
- Where a group or unit does not have a Nights Away Permit Holder available then please get in touch with us prior to the event. It may be possible for special arrangements to be made though this cannot be guaranteed.

Saturday Night

- On the Saturday night teams are expected to be self-sufficient and their own leaders are not permitted on the overnight site. The overnight site is usually a temporary one set up specially for the event. Toilets and drinking water supplies are provided.
- The Fells Marathon Organisers will provide a camp site team to supervise the teams and deal with any emergencies. The Leader in Charge of the team will have an appropriate Nights Away permit.
- Teams stay on the site based on the "Event Passport" system. (See POR 9.61)
- The group or unit is responsible for issuing the Event Passport which must be authorised by a Nights Away Permit Holder of either campsite or lightweight camping categories. The permit holder must provide support during both the preparation and the event itself and be satisfied that the young person has the required abilities, but is not required to attend the event.
- Groups can use either the standard Event Passport document or alternatively the declaration on the medical form required for each team can be signed by the permit holder.

KIT LIST

The kit check is very strict on the Saturday Morning and your rucksack and each item will be checked in detail – YES, ITS ALL TIPPED OUT - do not skimp, your walk depends on it.

PERSONAL KIT (YOU MUST CARRY ALL ITEMS)	Fells Lite Transported Kit	PACKED
Base layer/Underwear		
Middle/Fleece Sweater		
Trousers/No Jeans (cotton)		
Outer layer/Waterproof Jacket		
Spare clothes (warm bottom, warm top and socks)		
Waterproof Trousers		
Boots		
Socks		
Gloves		
Hats		
Rucksack (big enough to hold all the equipment required for the walk with in)		
Torch and spare batteries (multi LED if not spare lamp must be carried)		
Plastic or Goretex Bivvy-bag		
Emergency Shelter - MANDATORY FOR FELLS LITE – Optional for other categories		
Food & Drink for Lunch		
Gaiters (Optional)		
First-aid kit		
Sleeping bag 3-4 season	Yes	

Sleeping mat	Yes	
Eating utensils	Yes	
First aid kit (only what you are trained to use)		
Pencil and paper, 30 pence for phone)		
Minimum of 1 litre of water to be carried		
Whistle (for emergency use)		
Hi visibility vest (attached to ruck sack)		
Emergency rations		

TEAM KIT	Fells Lite Transported Kit	PACKED
2 x maps for area covered by route		
2 x compasses		
2 x map cases (if maps are not laminated)		
Adequate tentage for all the team to shelter in	Yes	
Stove, fuel and igniter-matches/lighter (enough fuel to cook meals and drinks)	Yes	
Pan to cook food and drinks	Yes	
2x watches (watches are necessary for navigation)		
1x mobile phone (in water proof bag)		
Food for evening meal (dried is lightest, look for high calory). Carry packed lunch* for the Saturday (this should consist of food that can be eaten on the move). Breakfast on Sunday. (Instant porridge (just add water) and breakfast bars are a good choice). Drinks hot for evening and breakfast (hot chocolate, coffee, tea). Remember remove all unnecessary packaging (*THIS IS PERSONAL KIT)	Yes	

WINNERS OF PREVIOUS FELLS MARATHON EVENTS

YEAR LOCATION	WINNERS
1975 - Yorkshire Dales - Appletreewick	2nd Anlaby
1976 - Yorkshire Dales - Kettlewell	1st Skidby
1977 - Yorkshire Dales - Appletreewick	1st Skidby
1978 - Howgill Fells - Sedburgh	1st Skidby
1979 - Lake District - Kentmere	2nd Anlaby
1980 - North Yorkshire Moors - Birch Hall	2nd Anlaby
1981 - Howgill Fells - Sedburgh	Willerby Somers
1982 - North Yorkshire Moors - Carlton	2nd Anlaby
1983 - North Yorkshire Moors - Comondale	North Ferriby
1984 - Peak District - Hagg Farm	South Cave
1985 - Peak District - Hagg Farm	Elloughton
1986 - North Yorkshire Moors - Carlton	Anlaby
1987 - South Pennines - Hebden Bridge	St. Peters Wawne
1988 - North Yorkshire Moors - Comondale	1st Frodsham
1989 - Peak District - Great Hucklow	Willerby Meth
1990 - Peak District - Gradbach	2nd Driffield
1991 - North Yorkshire Moors - Carlton	2nd Bridlington
1992 - Yorkshire Dales - Sconce (Ilkley)	1st Frodsham
1993 - South Pennines - Hebden Bridge	6th Ripon
1994 - Howgills Tebay	2nd Amersham
1995 - Peak District - Great Hucklow	6th Ripon
1996 - North Yorkshire Moors - Carlton	2nd Amersham
1997 - Yorkshire Dales - Thornthwaite	2nd Goxhill & Barrow
1998 - South Pennines - Hebden Bridge	Holme on Spalding Moor
1999 - North Yorkshire Moors	2nd Goxhill & Barrow
2000 - Peak District - Great Hucklow	1st Poppleton York
2001 - Cancelled - Foot & Mouth	Cancelled - Foot & Mouth
2002 - Yorkshire Dales - Thornthwaite	South Cave Scouts & Pocklington Explorers
2003 - Pennines - Silverwood	2nd Amersham Scouts & South Cave Explorers
2004 - Pennines - Hebden Bridge	1st Poppleton Scouts & 2nd Goxhill & Barrow Explorers
2005 - North Yorkshire Moors - Carlton	1st Poppleton Scouts & 2nd Goxhill & Barrow Explorers & 1st Hornsea Explorers
2006 - Yorkshire Dales - Sconce (Ilkley)	Willerby Somers Scouts & 2nd Goxhill & Barrow Scouts (Draw) & 2nd Goxhill & Barrow Explorers
2007 - Yorkshire Dales - Thornthwaite	Stamford Bridge Scouts & Triumph Explorers (Poppleton)
2008 - North Yorkshire Moors (Carlton)	2nd Driffield Scouts & Triumph Explorers (Poppleton)
2009 - North Yorkshire Moors - Birch Hall	2nd Amersham Common & Triumph Explorers (Poppleton)
2010 - South Pennines - Silverwood	Stamford Bridge 2 & St John Newland
2011 - Nidderdale - Thornthwaite	St John Newland Scouts & Willerby Explorers
2012 - North Yorkshire Moors - Carlton	Willerby Scouts & St John Newland Explorers
2013 - North Yorkshire Moors - Comondale	South Cave 1 Scouts & St John Newland Explorers
2014 - Forest of Bowland	Cherry Burton 1 Scouts & Pocklington Explorers
2015 - Yorkshire Dales - Wharfedale	Elloughton cum Brough Scouts & Willerby Explorers
2016 - North Yorkshire Moors - Comondale	Elloughton cum Brough Scouts & Snaithe Explorers

The 2017 FELS MARATHON is as always run in tribute to all fellow scouters who are no longer with us and looking down from above.....

“I would like to thank everyone for their help and support with this years event”

Neal – Event Director

LOCATION FOR 2017 is Watson Scout Centre, Carlton in Cleveland, North York Moors.

Map reference of the centre is **NZ 661 105**

MAP FOR THE EVENT

OS Explorer Map OL26, North York Moors Western

This booklet is produced by Ellie Moverley For the Fells Marathon Committee

The Fells Marathon is organised by Blacktoft Beacon District Scout Council. Registered with the Scout Association 016357, Registered Charity 1148031