

# Hill Walking Skills Self Assessment

If you are attending a training event please fill in the skills table below and return it with your booking form. This will help us to tailor the course to suit your needs.

Mark the boxes with an X

Score: 1 = no skills, 2 = have heard of it before, 3 = some experience of using skills, 4 = happy with skills to terrain 1 level

No	Skill Element	1	2	3	4
1	6 figure Grid Reference				
2	Map Scales				
3	Contour Lines				
4	Map Features				
5	Setting the map				
6	Measure distance				
7	Timing				
8	Simple use of the Compass				
9	Bearings				
10	Relocation				
11	Personal Equipment				
12	Group Equipment				
13	Route Planning				
14	Weather Forecasting				
15	Risk Assessment				
16	Group Management				
17	Hazards				
18	New Technology				
19	Flora and Fauna				
20	Scout rules and regulations				

Briefly assess your local knowledge of the following areas

21	North Yorkshire Moors				
22	Yorkshire Dales				
23	Lake District				
24	Peak District				
25	Other UK (eg North and South Wales, Scotland, Cheviots)				

Please include below any other information you feel will help our instructors understand your level of experience (continue on a second sheet if required).