

Wolds Challenge Hike 2019.

16 March 2019

Bishop Wilton Village Hall
Worsendale Road
Bishop Wilton
YO42 1ST

Are up for the challenge?

The Wolds Challenge is a one day hiking competition for Scouts and Explorers. The event is a test of navigation, route finding and team work, as well as being a walking challenge.

info@fellsmarathon.org.uk

www.fellsmarathon.org.uk

#SkillsForLife



The Fells Marathon

The Fells Marathon is a two-day hiking competition for Scouts and Explorer Scouts. Carrying full kit for the two days, the Scout teams walk around 20 miles while the Explorer Scout teams walk about 26 miles. Overnight the teams cater for themselves on a remote site monitored by event staff – no leaders or team supporters are permitted there. It is a test of navigation, camping skills and endurance.

Typically, the event is run in, or close to a northern National Parks such as the North Yorkshire Moors, Yorkshire Dales or the Peak District; though it does sometimes visit other areas of outstanding natural beauty as it did in 2014 going to the Forest of Bowland. To avoid teams become familiar with a location we usually leave a gap of at least 3 years before re-using a centre.

The event first ran in 1975, organised by Dave Laud and the late John “Swiftly” Loncaster; both competent mountaineers who competed twice in the then Karrimor Mountain Marathon.

The idea was to create a similar event for scouts, to challenge them to survive 2 days carrying all they need and to navigate a route against the clock; from this the Haltemprice Scouts Fells Marathon was born.

The event celebrated its 40th anniversary in 2016. It is now run by Blacktoft Beacon District Scout District and has evolved with the times, but still carries its original ethos. The event now has an average of 30 teams from both the Scout and Explorer sections.

A new category was introduced in 2017 called the “Fells Lite”. This was designed to be a starter category for younger Scouts. The elements are the same but the overnight kit is transported for the team.

Volunteers Needed!

The Fells Marathon has been running for over 40 years and we'd like to see it continue for as long again, but we can only do that with a team of volunteers.

We are currently looking for some additional members to join the Team to help keep the Fells Marathon and Wolds Challenge events running into the future. You could help in a variety of roles to suit any skills that you may have! Some of the roles we're looking for assistance with are:

- **Checkpoint Team Leader**
- **Sweep Team Members**
- **Event Safety Team Members / Team Leader**
- **Pre Event Planning Team Members**

Whatever your skills, we're sure there will be something you can do.

Interested? Please contact one (or both) of the following:

Claire Moverley minimov@live.co.uk or Gary McCune cc@humbersidescouts.org.uk

The Wolds Challenge 2019

The Wolds Challenge 2019 will take place on the 16th March 2019 based in the East Yorkshire village of Bishop Wilton.

The Wolds Challenge is a one day hiking competition for Scouts and Explorers organised by the Fells Marathon Committee of Blacktoft Beacon District Scouts. The event is a test of navigation, route finding and team work, as well as a walking challenge. This is also a great training event for our sister event; The Fells Marathon.

Different routes will be set for each age group. The Scouts will approximately walk 12 miles whereas the Explorers will walk 17 miles.

Entries for the event are now being taken (an entry form is included within the booklet) The entry fee for 2019 is £25 per team. This includes a badge, certificate and light food at the finish.

This year's event is being directed by Neal Ingram and the Fells Marathon Team,

For more info please contact:

Neal Ingram: info@fellsmarathon.org.uk

Claire Moverley: minimov@live.co.uk (Entry Queries)

Sean Wilson: shaun.wilson1972@hotmail.co.uk (Checkpoint Availability and Cover)

Allan Moore am_electricalservices@hotmail.co.uk (Route Planning)

Ellie Moverley: communications@fellsmarathon.org.uk

We are now taking payments by bank transfer to make things a lot easier. If you would like to pay by transfer the details are:

Account Name: Blacktoft Beacon Fells Account"
Sort Code: 40-25-59
Account Number: 60191973.

Shaun will be coordinating the route and checkpoints and if you can assist with running checkpoints please let him know by email, shaun.wilson1972@hotmail.co.uk

One important point: PLEASE ensure that any adults assisting your team are, as a minimum, registered as an occasional helper and must have current DBS check. It is the responsibility of the Leader in Charge of the group to ensure compliance with this.

Any questions about the event in the weeks before should be directed by email to info@fellsmarathon.org.uk

We all look forward to seeing you there.

NEAL & THE TEAM

Wolds Challenge Rules And Entry Conditions

- The maximum entry is 75 teams. Places will be allocated on a first come first served basis with entry fee and ALL forms required to secure places. We are also accepting entries from teams in other areas and counties.
- The event is split into 2 categories as shown below:

Fells Marathon & Wolds Challenge Age Categories:

Event	Category	Minimum Age*	Maximum Age**
Fells Marathon	Fells Lite	10	Under 13
	Scouts	11½	Under 14½
	Explorer Scouts	13½	Under 18
Wolds Challenge	Scouts	10	Under 14½
	Explorer Scouts	13½	Under 18

Participants must be the correct age on the date of the event

- Teams need to consist of between 4 and 6 members. To be given a placing in the competition, all members that start, must finish.
- Non competing teams may take part in the event, for example mixed Scout / Explorer teams walking the Scout route or leader accompanied teams.
- Young or inexperienced teams can be shadowed by leaders but will NOT be given an overall team place. This is greatly encouraged and will be great experience for the young people. It can also be used towards other badge work.
- Teams must have a unit leader in the area of the event as any dropouts will be returned to their own leaders.
- There is to be NO leader intervention with the teams once the event has started. There is a large element of trust here as leaders run some of the checkpoints. Intervention by leaders, as determined by the organisers, will mean that the team involved will not be placed in the competition.
- All team members must complete the medical and consent form in this booklet and send them in with the team entry form. These will be held by base control and the overnight site to be used in the event of an emergency.
- Please make sure that ALL forms are completed and submitted before the event. Forms handed in on the day can slow down check in and mean that teams may set off later.
- The check-in will be open from 0800 until 0930 and teams can decide what time they wish to arrive and check in. On arrival, each team will need to check in as a whole team and have their emergency wristbands attached.
- Each team member will be issued with an emergency wristband. This wristband is to be worn at ALL times throughout the event as it states the team number and the letter of the participant. It also states the emergency contact numbers that they would need to contact in case of an emergency.
- The team will also be given a tally to get stamped through each checkpoint.
- Teams will need to get their route signed off by the Fells map control team as it is our responsibility to ensure they have a correctly marked route.

- Please see the route guidance notes that are included as to the standard that is required by the participants.
- The route is issued to entered teams by email on the Sunday prior to the event.
- The use of GPS devices is strictly prohibited; the event is a test of map and compass skills and route finding.
- Event control and the sweep teams will take responsibility for any search and rescue to look for any missing teams.
- Each team will carry one mobile phone and will be given several telephone numbers (listed on the emergency wristbands) that they can ring should they need to.
- In the event of an emergency, teams must contact event control. All emergency numbers are listed on the wristbands.
- Event control will arrange and coordinate any required support via sweep teams, response teams or external agencies as necessary. Parents and leaders should not be contacted by teams as this can lead to delayed response by appropriate help.
- Each checkpoint is manned and displays the standard orange and white orienteering flags and punches. Each team carries a punch card which must be punched at each point. Teams must arrive at each checkpoint together. Remember you are walking as a team.
- If a team member retires they will be taken by a support vehicle, back to the centre and handed over to their group leader. They must not take all of the team equipment with them to lighten the load. The remaining team must still have the required kit within the team.
- Each team is responsible for litter and **MUST** take it with them and dispose of it at the overnight site or the finish. Please remember the country code.
- We **WILL NOT** be accepting entries on the day. Please make sure that all entries are sent in no later than one week prior to the event.

Wolds Challenge Entry Form

To FELLs MARATHON 2018, 1 Castle Drive, South Cave , East Yorkshire HU15 2ES

Tel: 07803247324 Email: minimov@live.co.uk

ONLY ONE TEAM PER ENTRY FORM PLEASE NO ENTRIES WILL BE ACCEPTED WITHOUT PAYMENT

Team Name	
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	Team Member Names
1	
2	
3	
4	
5	
6	

Category – Please Tick One

Scouts	
Explorers	

Competition Status – Please Tick One

Competing Team	
Non Competing – Leader Supported	
Non – Competing – Explorers on Scout Route	

I enclose a cheque, payable to 'Fells Marathon' for £..... Being the cost for Teams @ £25 per Team.

Scout Troop

District

Leader in Charge – Contact details:

Name

Address

Telephone Number

Mobile Tel No (Used On Event)

Email Address:

Signature

Wolds Challenge Consent And Medical Information

Confidential

Team Number:	
Completed by Fells Team)	

Full Name of Young Person:		Date of Birth:	
Scout District:	Scout Group:		
Parent/Guardians Address During the Camp: Post Code: Telephone: Mobile:		Family Doctors Name and Address: Telephone:	

- I hereby give permission for my child to attend the Wolds Challenge Hike taking place on 16 March 2019
- I understand that the Leader in charge reserves the right to send any participants home if necessary.
- I will inform a Leader if any of the information given on this form changes before the event takes place.
- If it becomes necessary for my child to receive medical treatment **and I cannot be contacted by telephone or any other means to authorise this**, I hereby give my general consent to any necessary medical treatment and authorise the Leader or Assistant Leader in Charge of my group (or if necessary, one of the event management team), to sign any document required by the hospital authorities.

Note: The medical profession takes the view that the parent's consent to medical treatment cannot be delegated. This view is explicit in the Children Act 1989. Thus medical consent forms have no legal status and a doctor/nurse insisting on the consent of a parent to a particular treatment has the right to do so. For this reason we do not recommend that Leaders insist on parents signing the medical treatment statement above. However, it can be a comfort to medical staff to have general consent in advance from parents or to have a Leader on hand able to sign forms required by medical authorities.

Name of Parent/Guardian:	Relationship to Young Person:
Signature:	Date:
In the space below please give details of the following:- 1. Any known Infectious Diseases with which your Child has been in contact within the last three weeks. 2. Any known Allergies/Sensitivities/Disabilities and details of any known precautions/remedies (eg Penicillin, Food Colourings, Bed-wetting, Asthma) 3. Details of any Medicines/Diets/Treatments currently being taken/followed (including dosage details) & the Specialist and Hospital concerned if appropriate (please include any non prescription preparations, such as cough sweets, herbal medicines etc). (If he/she has to take any Medicines, these should be clearly labelled with name and exact dosages, and should be handed to their Group Leader	

Photographs and Video

The photographs, video or audio that are taken will be used in connection with Scouting publicity. We will not publish any address of any young people in captions associated with the photographs, video or audio. It would be very helpful if you can confirm that you are content for the pictures, video or audio to be used in publicity material by signing the form below. Many thanks for your assistance. This is to confirm that I have no objections to the photographs, video or audio taken at the activity above and used for Scouting purposes only.

Signature of Parent/Guardian:	
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DBS Checks MUST Be Up To Date

The Scout Association rules mean that any adult helping with the running of the event (Kit Check, Map Check, Checkpoints, Support Teams etc) MUST have a valid Scout issued disclosure check. **Is yours up to date?**

Accountability for this rests with Leaders in Charge of teams and we will ask you to declare that all adults assisting your group are registered as at least an Occasional Helper (on Compass) and have a valid Scout issued disclosure check. **Please check this NOW.**

For event staff not attached to groups we will be making checks on Compass to ensure that you are compliant. Sweep Team Leaders can help with this by ensuring all their members are compliant.

Please act now to ensure that you can attend and help with this event.

Kit List

The kit check is very strict on the Saturday Morning and your rucksack and each item will be checked in detail – YES, IT IS ALL TIPPED OUT - do not skimp, your safety depends on it.

Personal Kit (You Must Carry All Items)	Packed
Inner Layer – Shirt	
Middle layer / Fleece Sweater / Jumper	
Trouser (No Jeans) Cotton trousers are recommended. Layers are always better and warmer!	
Outer layer – Waterproof Jacket	
Spare clothes Warm bottoms, warm top and socks – in a plastic bag to keep them dry	
Waterproof Trousers	
Boots (to be worn)	
Gloves	
Hat	
Rucksack Approx 30L - Big enough to hold all the equipment required for the walk	
Torch and spare batteries Multi LED if possible - otherwise a spare lamp must be carried	
Plastic or Goretex Bivvy-bag	
Emergency Shelter 1 x 4 person Bivi Shelter	
Food and Drinks for Saturday Lunch This should consist of food that can be eaten on the move	
Water Bottle (Full) Minimum of 1 litre of water to be carried	
Gaiters (Optional)	
First-aid kit Must only contain items you are trained to use	
Pencil and paper, 30 pence for phone	
Water Minimum of 1 litre of to be carried.	
Whistle (for emergency use)	
Hi visibility vest (attached to ruck sack)	
Emergency rations High energy foods or min 4 mars bars – these are checked at the end!	

TEAM KIT To be shared out between team members in proportion to size and weight of each person)	Fells Lite Transported Kit	PACKED
2 x maps for area covering the route		
2 x compasses		
2 x map cases (if maps are not laminated)		
2x watches Watches are necessary for navigation		
1x mobile phone This should be brought in a water proof bag / case		

Volunteers Needed!

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Navigation Brief and Map Control

Purpose of Map Control

- To help, advise and guide participants so that they have the best chance to succeed and enjoy the event.
- To ensure Maps are correctly marked so that the participants have firm accurate cornerstones to their navigation reducing the risk of major navigational errors
- To check that participants have an adequate grasp of the picture the map is portraying

Organisation

- Map control is carried out by a specially briefed team
- if weaknesses are noted at Map Control, teams are given guidance and corrective actions which must be completed and signed off before departure

Standards

- 2 maps must be shown at map control
- Both maps to have all checkpoints accurately marked
- There must be no checkpoints or routes from previous events visible on the maps
- Checkpoints must be correctly numbered
- Explorer teams must have all Scout Checkpoints marked
- Navigators must be able to describe the whole route in detail, including paths to be taken and why chosen
- Route card timings completed and realistic
- Map must have at least 3km buffer between route and edge in case of navigation error. If laminated copies or memory map prints are used then this requirement can be filled by carrying a full map as backup.
- The Map Controllers may recommend to the Event Director that teams which do not meet the required standard are accompanied by a leader from their group or are not permitted to take part in the event. This decision is at the absolute discretion of the Event Director.

Tips for Success at Map Control

- Prepare fully and carefully in advance. Look carefully at the detail of the route and also at the “big picture” that it shows
- Mark map with 2B pencil for “blackness”, permanence and ease of change
- On laminated maps use permanent OHP pens. These can be erased with nail varnish remover.
- Bring an eraser/nail varnish remover pads to map control
- Circle checkpoints, do not use dots as these will obliterate details
- Do not trace route directly over path as this obliterates details
- We suggest use of compass which has magnifying glass and roamer scale

The Wolds Challenge Hike

Event development over the years

- This event was originally run by Humberside Scout Communications Team and was called the Humber Bridge Challenge.
- After a short break the event was revived by Pocklington District Scouts as the Wolds Challenge and over recent years has been run by the Fells Marathon Committee as a training / sister event to the popular FELLIS MARATHON.
- It is now run in different locations around East Yorkshire.

“I would like to thank everyone for their help and support with this year’s event”

Neal – Event Director

Location For 2019

Bishop Wilton Village Hall Worsendale Road Bishop Wilton YO42 1ST

Map reference for the centre is SE 798 553

Event Map

OS Explorer Explorer 294 Market Weighton & Yorkshire Wolds Central

This booklet is produced by The Fells Marathon Committee

The Fells Marathon is organised by Blacktoft Beacon District Scout Council.
Registered with the Scout Association 016357, Registered Charity 1148031