Dragon Boat Commands

Commands for Scouts and Explorers

- All Down Command from drummer/steersperson to stop paddling and rest with paddles on laps.
- **All-up!** Command from drummer/steersperson to ensure everyone begins to paddle in unison. Paddles are paused in the catch position until command to start paddling is given.
- **Attention, please** Command given by race starter to prepare crews for departure, the start gun will follow in approximately 3-5 seconds.
- **Let it run** Command from drummer/steersperson to stop paddling and let the boat coast with blades out of the water.
- **Ready, Ready** Command used by steersperson/drummer to prepare crew for race start paddles buried in water at beginning of stroke phase.
- **Take it Away** Command given by drummer/steersperson to begin paddling, usually follows command of 'All Up'.

Commands for Beavers and Cubs

- **Rest** Command from drummer/steersperson to stop paddling and rest with paddles on laps.
- **Ready** Command from drummer/steersperson to ensure everyone begins to paddle in unison. Paddles are paused in the catch position until command to start paddling is given.
- **Attention, please** Command given by race starter to prepare crews for departure, the start gun will follow in approximately 3-5 seconds.
- **Pause** Command from drummer/steersperson to stop paddling and let the boat coast with blades out of the water.
- **Set** Command used by steersperson/drummer to prepare crew for race start paddles buried in water at beginning of stroke phase.
- Go Command given by drummer/steersperson to begin paddling, usually follows command of 'All Up'.

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