

Cup lifter

Description

Team building activity where the team must remotely lift a cup off a pyramid of cups

Resources

6 Styrofoam cups per group
1 elastic band per group
Ball of twine
Scissors/ knife to cut twine

Instructions

Each scout holds the end of one the attached strings
The object is to stack the cups into a pyramid without touching them
To pick up the cup, pull stings to open elastic and slip over cup.
Loosen grip on string, which tightens band on cup. Then move it, and pull again to let go. (Don't tell scouts this, let them figure it out)

Taken from FLEX-FAST

Running details

Running time: 10 minutes
Location: indoors

Tags

- team building
- team work

Badge Links

- Scouts: Creative - A: Problem solving
- Scouts: Teamwork - Goal
- Scouts: Teamwork - Team-building