

Nights Away Kit List

All young people will need to bring their personal equipment and should be encouraged to pack themselves. This list is only a guide.

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| <input type="checkbox"/> Complete uniform | <input type="checkbox"/> Scarf, hat and gloves |
| <input type="checkbox"/> Warm sweaters, jumpers or sweatshirts | <input type="checkbox"/> Sun hat, sun cream and sun glasses |
| <input type="checkbox"/> T-shirts or similar | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> Activity Trousers (definitely no jeans, they do not dry and are very cold and uncomfortable when wet) | <input type="checkbox"/> Foam roll / karrimat – essential (most heat is lost through the floor) |
| <input type="checkbox"/> Spare underclothes (one pair per day) | <input type="checkbox"/> Plate, bowl, mug and cutlery |
| <input type="checkbox"/> Spare socks (one pair per day) | <input type="checkbox"/> Tea towel |
| <input type="checkbox"/> Nightwear | <input type="checkbox"/> Torch and spare batteries (there is no lighting) |
| <input type="checkbox"/> Hike boots or strong shoes / Wellies | <input type="checkbox"/> Personal first aid kit |
| <input type="checkbox"/> Waterproof Coat - essential | <input type="checkbox"/> Day sack and plastic drinks bottle |
| <input type="checkbox"/> Pillow if required | <input type="checkbox"/> Polythene bags (for dirty clothes) |
| <input type="checkbox"/> Blanket (it will be cold at night) | <input type="checkbox"/> |
| <input type="checkbox"/> Personal washing requirements and towel | <input type="checkbox"/> |
| <input type="checkbox"/> Warm sleeping clothes | <input type="checkbox"/> |

- Please check with your leader that a troop tent has been provided
- It is best to pack a rucksack or sports bag that you can carry on your back. Suitcases are not suitable for tents.
- All items should be clearly labelled with the young person's name.

This is the minimal requirements needed for participation in activities. Leaders will need to add general camp items to meet the requirements of the troop