Beaverlympics Online

For some of the activities throughout the weekend, you will need some ingredients, materials and equipment. A list of these items is below.

We have broken it up into each activity so you can pick and choose the ones you would like to join in with.

Remember you can always improvise with anything you already have at home!

Healthy Lunch

- 2 slices of bread, bread roll or wrap
- Butter
- Butter knife
- Chopping board
- Choice of fillings - cheese, tomato, lettuce, cucumber, chicken pieces or ham
- Fruit - apple, banana, peach, pear, apricot etc
- Yoghurt
- Plate

Beaver Pentathlon

Crazy Golf
- 5 tins of anything to use as cones
  A roll of newspaper or kitchen roll tube as a golf club and
- A bucket as the hole
- A ball made of scrunched up paper or newspaper

Egg & Spoon
- A spoon
- An egg (if you're brave enough!)
  OR
- A ball that will fit on your spoon

Keepy-Uppies
- A ball of any kind

Tin Can Alley
- Clean, empty tin cans (6),
- Tennis balls/soft sponge balls (3)
- Number the tins 1-6

Target Practise
- A bucket, bin or large saucepan
- Rolled up socks

Fruit Monster Snack

- Stick Various fruits
- Cocktail sticks
- Knife
- Chopping board

Scouts
Humberside

Build your Olympic Village

- A tent (if you have one and space to put it up)
- Sheets and blankets
- Cushions
- A place in your house to build

S'mores

- Stick or skewer pre-soaked in water
- Marshmallows
- Biscuits (chocolate ones are good!)
- Tea light (if you don't have a gas hob or fire to use)

Medal Making

Choose which type you would like to make.

Cardboard Medal

- Cardboard (like a cereal box)
- String
- Hole punch
- Glue
- Pencil
- Cup
- Scissors
- Foil
- Ribbon

Salt-dough Medal

- 1 cup flour (250g)
- 1/2 cup table salt (125g)
- 1/2 cup water (125g)
- Oven
- Baking tray
- Grease proof paper
- Bowl
- Rolling pin
- Circle biscuit cutter (optional)
- Star biscuit cutter (optional)
- Blunt knife
- Straw
- Ribbon
- Paint and paint brushes

Family Triathlon

- Bikes or scooters
- Walking boots / walking shoes
- A rucksack
- Goggles

Scouts
Humberside