

# Humberside's St George's Day

## Kit List

For some of the activities throughout the day, you will need some ingredients, materials and equipment. A list of these items is below.

We have broken it up into each activity so you can pick and choose the ones you would like to join in with.

Remember you can always improvise with anything you already have at home!

### Coat of Arms and Shield

- Piece of cardboard (as big or small as you want your shield to be)
- Paper (If you want to draw and then stick on shapes/ images to your shield)
- Paint (white is a good base colour)
- Felt pens to draw
- Glue stick
- Paper
- Scissors

### Toilet Roll Dragon

- Toilet Roll tube, painted green or green paper
- Pom-poms for eyes and nostrils
- Googly eyes
- Red, orange, yellow tissue paper
- Glue/ sellotape

### Scones

#### Equipment

- Mixing Bowl
- Pudding Bowls or similar to put ingredients in before mixing.
- Baking Tray
- Cooling rack
- Pastry cutters
- Kitchen scales
- Teaspoon and table spoon
- Pastry brush optional
- Small amount of baking margarine to grease trays

#### Plain Scones

- 225g/ 8ozs Self-raising flour
- Pinch of salt
- 50g/ 2ozs Baking margarine
- Enough milk to make soft dough
- Milk or beaten egg to brush top of scone to add a little colour

### Rich Fruit Scones

- 225g/ 8ozs Self-raising flour
- Pinch of salt
- 50g/ 2ozs Baking margarine
- 25g/ 1oz Caster sugar
- 50g/ 2ozs Currants/ sultanas or raisins
- 1 medium egg beaten and enough milk to make 150ml/ 1/4 of a pint of liquid

### Cheese Scones

- 175g/ 6ozs Self-raising flour
- 25g/ 1oz Baking margarine
- Pinch of salt and pepper
- 1x2.5ml spoon 1/2 teaspoon mustard powder optional.
- 75g/ 3ozs grated cheese
- 1 medium egg beaten with 2x 15ml or 2 tablespoons of milk

## English Games

### Tiddlywinks

- Set of Tiddlywinks OR One large button and six small ones per person playing.
- Small dish to catch them in or a piece of paper and pen to mark scoring areas.

### Hopscotch

- Chalk to mark floor
- Bean bag or rolled up sock to throw

### Marbles

- Marbles

### Push Penny

- Small coins

## Backwoods Cooking – Toad in the Hole

### Equipment

- Campfire
- Mess tins
- Cooking utensils
- Mixing bowl
- Sealable Jug
- Mixing Spoon/whisk

### Ingredients

- sausage (of your choice)
- 140 g plain flour
- ¼ tsp salt
- 3 eggs
- 300 ml skimmed milk
- 2 tbsp rapeseed oil