

# AUSTRIA

## 2023

### Menu



## Tea

Pasta bolognese or Vegetarian pasta

Pudding: Apple strudel and custard

Chilli and Rice or Bean Chilli and Rice

Pudding: Mallow Sandwich

Burger, Salad and Potatoes or Bean burger, salad and

Potatoes

Pudding: Eton Mess

Chicken Fried Rice or Veg Fried Rice

Pudding: Mallow Teacake

Chicken Curry and Rice or Veg Curry and Rice

Pudding: Ice Cream

Pork, veg and potatoes or Cauliflower Cheese, veg and

Potatoes

Pudding: Cake

Sausage and veg pasta or Veg Pasta

Pudding: Flapjack or Brownies

## **Daily Breakfast** *Available every day*

- Bread with various spreads (*Jam, Chocolate spread, Honey*)
- Various Fruits (*Watermelon, Honeydew Melon, gala Melon, Pineapple, bananas, apples, oranges, Strawberries*)
- Yogurt
- Muesli

There will also be Pancakes and Croissants at least one day

## **Daily Lunches**

- Wrap or sandwich/roll
  - Fillings: *Meat, Cheese, Jam, Tuna mayo, Egg mayo*
- Crisps
- Salad (Tomatoes, Lettuce)
- Carrot / Cucumber sticks
- Chocolate bar, Cake, cookie or bun
- Fruit (various)
- Daily extra to be confirmed each day see QM board

On site extras to include rice salad, pasta salad and couscous