



North East

# Summer of Scouting



# Staycation Road Trip

Since usual Scouting has changed this year, and summer plans have likely changed, we wanted to invite you to join our virtual road trip as part of the North East Region's Summer of Scouting.

Each week for 8 weeks over the summer you could travel to another of the North East Regional Scout Counties (Northumberland, Durham, Humberside, North Yorkshire, Central Yorkshire, West Yorkshire, South Yorkshire and Cleveland) to take part in activities and challenges associated with each area.

Parents – once your son/daughter has completed one or more of the activities, let us know by completing the registration form here:

<https://docs.google.com/forms/d/e/1FAIpQLSeDhxI60OBnUTBSOS6nFpp0sMRaJKtuQm4GFWOBPC1DezoeCQ/viewform>



**BEAVERS cubs scouts**  
**EXPLORERS network**



## 1 mile challenge



Derek Ibbotson, from Huddersfield was a famous middle-long distance runner, he set the world record over a 1 mile distance in 1957

Run or walk a mile and see how long it takes you. Then, over the next few days, try to beat your best time.

## Candle Experiments

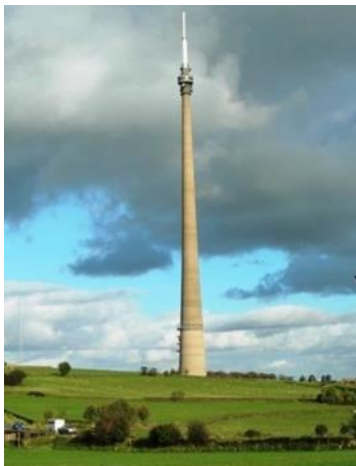


Joseph Priestley was born in Birstall and went to discover Oxygen in 1774 (a very long time ago!).

Have a go at some of these experiments with candles to learn about more about Oxygen (Adult supervision required).

[https://www.youtube.com/watch?v=ft1PbqGT\\_mE](https://www.youtube.com/watch?v=ft1PbqGT_mE)

## Tower Building



The Aquiva Tower (Pictured) is the tallest free-standing structure in the UK which stands proudly over Huddersfield at 329m high.

What is the highest freestanding tower you can create using:

- Cardboard boxes or your home recycling
- Canes and string
- Spaghetti and marshmallows
- Duplo/lego
- or anything else you have to hand!

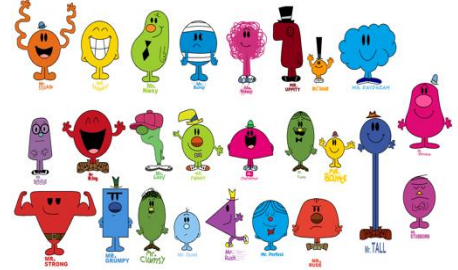
## Famous Person

### Make your own animations

Roger Hargreaves, author of the Mr Men & Little Miss Series of books, was born in Cleckheaton

Tell a story using stop-frame animation or tik tok using Mr Men Puppets

[http://www.coloring-book.info/coloring/coloring\\_page.php?id=147](http://www.coloring-book.info/coloring/coloring_page.php?id=147)



## Industrial History

### God's Eye Weaving Crafts



The traditional cottage industries of spinning and weaving woollen yarn became a big industry across the area in the 18<sup>th</sup> and 19<sup>th</sup> centuries. Families and companies would weave materials and trade these at our Grade 1 listed market square in Halifax, The Piece Hall.

Make a God's Eye out of wool and garden canes, lolly pop sticks or even just a couple of pencils.

[https://www.youtube.com/watch?v=X53ZXcHoR\\_c](https://www.youtube.com/watch?v=X53ZXcHoR_c)

## Make your own curry

Bradford is the UK Curry Capital, why not use this opportunity to try some new flavours to cook your favourite homemade curry.

You can find great recipe ideas online here:

<https://www.bbcgoodfood.com/recipes/collection/indian>

Or why not try a youtube clip with Jamie Oliver and

Maunika Gowardhan: <https://youtu.be/JKs-cRneTyE>



Local Food

Why not try this simple curry recipe to get you started!

### Chicken and tomato spiced curry recipe

- 2 tbsp vegetable oil
  - 450g chicken breast, cut into cubes
  - 1 onion, chopped
  - 1 red pepper, deseeded and sliced
  - 2 garlic cloves, finely chopped
  - 1cm piece ginger, peeled and finely chopped
  - 2 tbsp Madras curry paste
  - 400g tin chopped tomatoes
  - 300g basmati rice
  - handful coriander, chopped, to serve
1. Heat 1 tbsp of the oil in a large flameproof casserole dish set over a high heat. Cook the chicken for 5-7 mins until golden and just cooked through, then remove and set aside.
  2. Put the remaining oil in the dish. Add the onion, cook for 3 mins until soft, then add the red pepper and cook for 2 mins. Stir in the garlic and ginger and cook for 30 secs. Stir in the curry paste until everything is well coated.
  3. Pour in the tomatoes along with 200ml water. Bring to the boil, then reduce the heat, cover the dish and leave to simmer for 10 mins until the sauce has thickened a little. Return the chicken to the dish and cook for 5 mins, uncovered, until piping hot and cooked through.
  4. Meanwhile, cook the basmati rice following pack instructions. Serve with the curry and sprinkle over the coriander to finish.



### Understanding disability

Baroness Tanni Grey-Thompson, who lives in County Durham, won 11 Olympic Gold Medals between 1988 and 2004 in Paralympic wheelchair events 1100m , 200m, 400m and 800m. Now she campaigns for disabled people's rights in parliament.

How easy would it be for a scout using a wheelchair to attend your Scout meetings? Or why not try spending some time blindfolded and do some simple everyday tasks and find out what it is like to be blind (make sure you have an adult around making sure you are safe).



### Vintage slapstick

Stan Laurel, half of the famous comedy film duo Laurel and Hardy, lived in Bishop Auckland in his school days. He became famous for his comedy slapstick routines with Oliver Hardy in films from 1920 – 1950.

Working with members of your family, make a video re-enacting a scene from a Laurel and Hardy film. Here's an example -

<https://www.youtube.com/watch?v=6Jtjo3Utl7E>



### Junk angel

The Angel of the North is a giant sculpture by Antony Gormley. Made of steel it stands 20m tall with an arm span of 54m. It stands close to the A1 and has welcomed people since its erection in 1998.

Make a junk model of the Angel of the North using materials you can find around your house

# DURHAM

## Famous Person

### Scouting skills with Mr Bean

Rowan Atkinson, comedian, is well known for Blackadder and his Mr Bean character. He was born in Consett, County Durham. Make a video of any Scouting activity - but as a 'Mr Bean' style character. Here is an example.

<https://www.youtube.com/watch?v=bS1ePEZZCDY>



## Industrial History

### Home mining



Coal mining was big industry across the region until many of the pits were closed down in the 1950s and 60s with the last pit closing in 1994.

Make your own mine tunnel with boxes, blankets and chairs etc. Use a head torch and don't forget to take a drink and a pasty with you when you go into your mine! You could even sleep a night in your mine.

## Make your own Lammas bread

### Local Food

Lammas Bread is traditionally made from the first grain of the season. Find out more about what Lammas Day was and make some Lammas bread at home.

One of things famous about the Lammas bread is the plaits and designs you can use. Could you make one into the scouting fleur de lis or one of the knots you have learnt?



#### Ingredients:

3 mugs of strong white flour  
500 ml of buttermilk  
1 teaspoonful of bicarbonate of soda  
Sprouted seeds (you can get these in Whole Foods)  
1 Lammas ribbon in either gold, orange or yellow

#### Method:

1. Pour the flour into a large bowl and make a small well in the centre. Add the bicarbonate of soda and a pinch of salt, then pour in the buttermilk.
2. Mix with a wooden spoon and add in the sprouted seeds. Add more flour if the mixture is too sloppy before turning out onto a board dusted with flour.
3. Fold the bread mix into a ball, patting it gently so it is slightly flat and cut a pentacle into the top with a knife for decoration.
4. Put on a greased baking tray and bake for 20-25 minutes on medium heat.
5. When ready it will turn a golden brown and sound hollow when tapped on the base. Turn out onto a wire rack and allow to cool before tying with the Lammas ribbon.

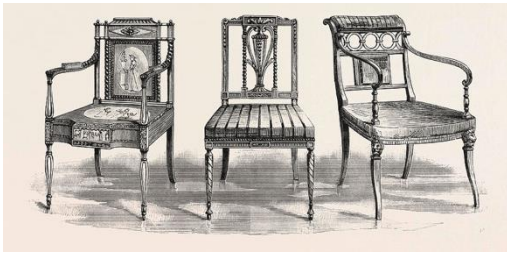
### Sunrise/Sunset images



Beaches at Marske and Saltburn are famous for their sunrises and sunsets.

Produce a sunrise or sunset picture from where you live. You could use photography, painting, crayons - in fact any medium you want.

### Paper furniture



Thomas Sheraton was a furniture designer and builder in the 18th century. He was born in 1751 in Stockton on Tees.

Make a life size piece of furniture from newspapers and / or contents of your recycling bag

### Boat building



From Jet skis to tall ships - it's all happening at Hartlepool Marina

Make a model boat and sail it somewhere safe

Try this cardboard sailing ship

<https://www.youtube.com/watch?v=BqBFOM7CkaE>

Or an origami boat

<https://www.youtube.com/watch?v=981t1yRjGFc>



# CLEVELAND

## Famous Person

### A tricky challenge

Paul Daniels, born in Middlesbrough, was a well known TV Magician appearing regularly in the Paul Daniels Magic Show between 1979 to 1994.

Look up on the internet or in books magic tricks and learn how to do one for an online Magic Show.

<https://www.care.com/c/stories/4051/easy-magic-tricks-for-kids/>



## Industrial History

### Chemical magic



Cleveland's famous for having many chemical industries both presently and in the past.

Look up science experiments in books or on the internet and choose two to carry out eg.

Try making slime

<https://www.iheartnaptime.net/homemade-slime/>

Try growing salt crystals on pipe cleaners

<http://mess-cipes.blogspot.com/2011/08/salt-crystal-observationwatch-them-grow.html>

## Local Food

### Enjoy a Parmo

The Parmo is a popular take away meal in the area. Find out as much as you can about it and make one to share with your family or bubble.



# NORTH YORKSHIRE

## Sports Personality

### Highest point



Alan Hinkes, born in Northallerton, is a Himalayan Mountaineer who holds the record for being the only British mountaineer to have climbed all with-thousanders - those peaks over 8000m in height. He did this in 2005.

Find out about Alan's adventures. Could you go for a walk with your family up the nearest hill to where you live and post a picture of you at the summit.

## Historical Person

### Make your own Parkin



Guy Fawkes spent his teenage years in Scotton, a village near Harrogate. Bonfire night is a traditional time to eat Parkin. Make some following a recipe that you search for on the internet.

## Famous Place

### Goth fun



Whitby is the inspiration of Bram Stoker's Dracula and the home of the annual Goth festival.

Make a Dracula puppet from the link <https://youtube.com/watch?v=4ITKcNzT8Uc> or using just two bin liners and sellotape create a goth costume to wear at next year's Goth festival.

# NORTH YORKSHIRE

## Famous Person

### Animal care

James Herriot was a Famous Vet from Thirsk. He wrote several books about his experience working amongst the farms of North Yorkshire. The books were adapted to make the long running TV series 'All creatures great and small'



If you have pets, help to take care of them - walking, grooming, feeding etc. If you don't have a pet, look after some wildlife feeding birds hedgehogs etc. You could make a good care guide for the pet or chosen wildlife. These link to the animal friend, carer badge and naturalists' badge

## Industrial History

### Selling your area



Tourism is one of the main activities in North Yorkshire. Why not create a tourist information leaflet for a famous place near you or create a 1-minute video clip of a place of interest near you? Then, when we are all back to normal, it could encourage us to visit your area.

## Local Food

### Great cheese Grommit!

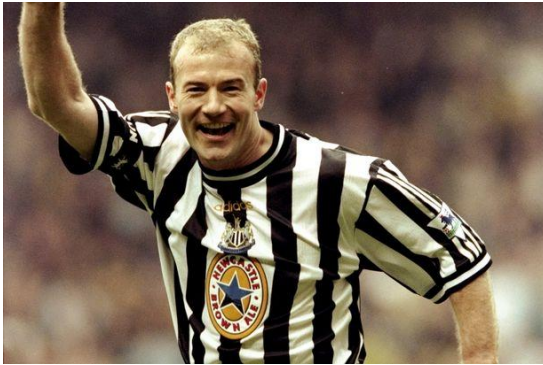
Wensleydale cheese is made in Hawes and is the favourite cheese of Wallace and Gromit

If you have never tried Wensleydale cheese it is easily found in supermarkets or online why not try some? This site gives you loads of Wallace and Gromit activity ideas to do.

<https://wallaceandgromit.com/resources>



## Footie skills



Alan Shearer, born in Newcastle, played 63 times for England scoring 33 international goals.

Try to master these ball skills challenges  
<https://www.youtube.com/watch?v=1vNmYNH8d4I>

## Build a lifeboat



Grace Darling is a famous lady in Northumberland. In 1838, she and her father rowed out from the Farne Islands in stormy seas to rescue crew members from the Forfarshire, a sinking ship. Visit the RNLI web site and try some of their activities. Can you build a lifeboat?

<https://rnli.org/youth-education/education-resources/online-learning>

## Construction skills



Hadrian's Wall, built around AD 122, is 73 miles long and marks the most northerly border of the Roman Empire.

Learn how to lay bricks properly and construct a wall. Find out how to use mortar and what 'pointing a wall' means. Or use Lego building bricks to make a Roman Fort.



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# NORTHUMBERLAND

## Famous Person

### Bush tucker challenges

Ant & Dec, born in Newcastle, met on the TV series Byker Grove in the 1990s and now form one of our best loved TV partnerships presenting the 'Saturday Night Takeaway', 'I'm a celebrity get me out of here' and 'Britain's got talent'.

Have a Bush tucker challenge party. Here's some ideas to get you thinking

<https://www.familydaystriedandtested.com/bush-tucker-trial-jungle-themed-day/>



## Industrial History

### Illuminated writing



The monks of Lindisfarne on Holy Island were famous for producing illuminated writing. The Lindisfarne Gospels, produced around 750AD are great examples

See if you can illuminate your name using special letters to be found at the following link

<https://www.twinkl.co.uk/resource/t2-t-16628-illuminated-letters-colouring-pages>

## Local Food

### Make some Pan Haggerty

Pan Haggerty is a traditional Northumberland dish created from potato, onions and cheese.

Follow the recipe in the link to make your own delicious Pan Haggerty- it includes a great visual guide.

<https://www.thespruceeats.com/northumberland-pan-haggerty-recipe-435687>



### Rugby skill training



Hull Kingston Rovers Rugby League Team (The Robins) was formed in 1882.

Try these 10 ball handling exercises which you can do at home.

<https://www.rugbycoachweekly.net/rugby-drills-and-skills/10-rugby-pass-catch-skills-to-practise-at-home/>

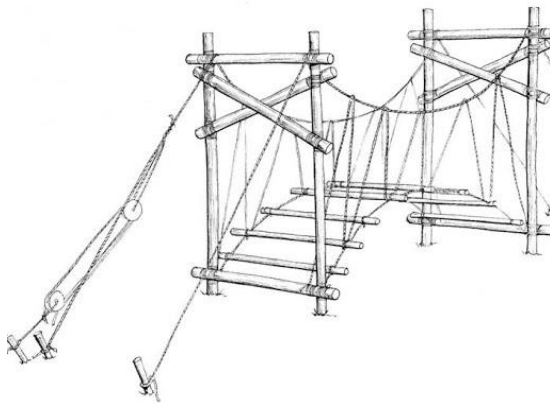
### Lollipop stick biplane



Amy Johnson was born in 1903 in Hull. She was the first person to fly solo from England to Australia. Try making this biplane model out of lollipop sticks

[https://www.youtube.com/watch?v=CQ\\_gSSXxnA](https://www.youtube.com/watch?v=CQ_gSSXxnA)

### Bridge the gap



The Humber Bridge is a 1.38 miles long single suspension bridge, opened in 1984 when it was the longest bridge of its type. It carries an average 120,000 vehicles each week across the river Humber

Can you construct a pioneering suspension bridge? You could try making a mini version using garden canes?

## Famous Person

### Survival camp

The fictional character, Robinson Crusoe, first sets out on a sea voyage from Hull. The story tells how he is shipwrecked on a desert island for 17 long years before being found.

Can you survive for 17 hours? You could set up a tent in your garden or build a shelter in your home. Decide which 10 things you are going to have with you and see if you can survive for 17 hours on your own or with a friend.



## Industrial History

### Fishing games



The County of Humberside has important commercial ports for fishing and also ferry terminals taking passengers and freight to Europe and Scandinavia.

Spend a day learning how to fish or try making this Magnetic Fishing Game  
<https://www.youtube.com/watch?v=zNdTnAywCBI>

# HUMBERSIDE

## Local Food

### Make your own fish cakes

Grimsby has the largest fish market in Europe and is the host to the Fishing Heritage Centre.

Try making your own fish cakes by following this recipe below from

<https://www.bbcgoodfood.com/recipes/family-meals-easy-fish-cakes>



#### Ingredients:

1 x pack fish pie mix (cod, salmon, smoked haddock etc, weight around 320g-400g depending on pack size)

3 spring onions- finely chopped

100ml milk

450g potatoes - peeled, large ones cut in half

75g frozen sweetcorn, defrosted

handful of grated cheddar cheese

1 large egg, beaten

flour for dusting

olive oil for frying

#### Method:

1. Cook the potatoes in boiling water until just tender. Drain well and return to the pan on a low heat. Heat for another minute or two to evaporate excess liquid. Mash the potato with a small knob of butter. Allow to cool.

2. Put the fish spring onions and milk in a shallow dish, cover with cling film and cook in the microwave for 1 ½ - 2 mins until just cooked. If you don't have a microwave, put everything in a saucepan and gently cook until just opaque and cooked through.

3. Drain the fish and spring onions through a fine sieve. Gently mix through the potatoes, avoiding breaking up the fish too much, along with the sweetcorn, cheddar and a generous grind of black pepper. Form into 6 - 8 patties. The cooler the mash potato is when you do this, the easier it will be to form the patties as the mixture will be very soft when warm.

4. Pour the egg on one plate and scatter flour on the other. Dip the patties in egg and then flour and arrange on a sheet of baking paper on a tray. Put the patties in the fridge for at least half an hour to firm up if the patties feel very soft.

5. Heat a large frying pan with a generous glug of olive oil. When the oil is hot, carefully lower the fish cakes into the pan. Cook for 5 - 7 minutes or until golden brown underneath and then carefully flip them over. Fry for another 5 - 7 minutes or until golden on the bottom and heated all the way through.



# SOUTH YORKSHIRE

Historical Person Sports Personality Famous Place

## Crazy heptathlon



Jessica Ennis Hill was born and trained in Sheffield. She is one of our most successful athletes, winning Olympic Gold in the heptathlon at London 2012 and a three times World champion.

Devise your own heptathlon event. Think of 7 different activities and challenge your friends. You could include, sack racing, welly wanging, garden cane javelin or frisbee throwing. The sillier the better!

## Space water



Helen Sharman was born in Grenoside, Sheffield and in 1991 became the first British astronaut. Visit the space station and see Tim Peake, Scout Ambassador and recent astronaut playing with water in space.

<https://www.youtube.com/watch?v=NFlyqjOgGJI>

## Wildlife safari



The Yorkshire Wildlife Park is a unique walk-through attraction near Doncaster and is the home to Victor and Pixel, two polar bears.

Go out for a wildlife walk in your local area. Take a camera and see how many different creatures you can get a photo of.

# SOUTH YORKSHIRE

## Famous Person

### NE Region's got talent

The Arctic Monkeys Rock Band formed in Sheffield in 2002. Their first album 'Whatever People Say I Am, That's What I'm Not' became the fastest selling debut album in UK chart history, selling 363,735 copies in the first week



Can you form a band? If you can play an instrument, get together with friends and learn to play together. Do you enjoy singing? Get together with others and get performing. Show that the NE region has talent !

## Industrial History

### String art



Sheffield and Rotherham are best known for their steel industry.

Have a go at making string pictures. You'll need lots of small nails and coloured string or wool.

<http://www.hipandsimple.com/2015/10/how-to-make-string-art.html>

## Local Food

### Sweet hampers

In 1842, George Bassett founded Bassetts Sweets in Sheffield. Three of their most iconic sweets are Liquorice Allsorts, wine gums and Jelly Babies.

Make up some small mixed sweet hampers and give them out to your friends. You could visit a care home and make sweet hampers for the residents.



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# CENTRAL YORKSHIRE

## Famous Place Historical Person Sports Personality

### 1 mile challenge



Jonathan & Alistair Brownlee live and train in Leeds. Together, they have dominated the world of Triathlon since 2012 when they took gold and bronze medals in London. Try have a go at swimming a mile, running a mile and cycling a mile if you can! (You may have to substitute the swim for another activity you are able to complete)

### Fake wounds



Charles Thackray was a medical instrument maker working at the start of the 20th century in Leeds. A medical museum now stands where he set up business.

Can you create some fake wounds? All you need is a bit of red paint and some vaseline

<https://www.instructables.com/id/Fake-Wounds/>

### Cricket skills



Headingley Cricket Ground is one of the best-known test grounds and home to Yorkshire Cricket.

Try these drills to improve your cricket skills.

<https://www.youtube.com/watch?v=K4BO8Y89nfw>

# CENTRAL YORKSHIRE

## Famous Person

### Local reporter

John Craven, TV presenter, was born in Leeds. Best known now for his work on Country File. He was also a favourite presenter of Newsround from 1972 to 1989.

Newsround is a BBC news programme designed for young people. Take a camera or a phone out to record something in your local area that you want to



## Industrial History

### Mini pop festival



Leeds is a centre for music with the international piano competition held every year and the Leeds pop festival held in Bramham Park.

Get together with a few friends to have your own mini pop festival. Decide on a playlist and enjoy a BBQ together

## Historical Place

### Sword fighting



The Royal Armouries Museum in Leeds houses the National collection of arms and armour.

Here's a sword for you to make from English Heritage  
[https://www.youtube.com/watch?v=sinlhp\\_TBpC](https://www.youtube.com/watch?v=sinlhp_TBpC)