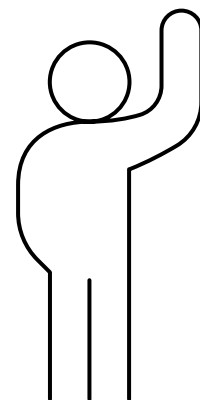


Programme ideas:

VOLUNTEERING SECTION



When completing each section of your DofE, you should develop a programme which is specific and relevant to you.

This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering section programme of your own. You can find more information at [DofE.org/do](https://www.dofe.org/do) and there is a range of exciting opportunities to help you complete this section at [DofE.org/finder](https://www.dofe.org/finder)

It's your choice...

Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

Help with planning

You can use the programme planner on the website to plan your activity with the support of your DofE Leader.

Before you begin, it is important to check that your volunteering meets the criteria for businesses and family members (see [DofE.org/volunteering](https://www.dofe.org/volunteering) for the requirements).

Please note: The programme ideas listed below are thinking prompts, we cannot guarantee that these programmes are actively run by providers.

Helping people

- Helping children
- Helping children to read in libraries
- Helping in medical services e.g. Hospitals
- Helping older people
- Helping people in need
- Helping people with special needs
- Tutoring
- Young carer
- Youth work

Working with the environment or animals

- Animal welfare Environment
- Beach and coastline conservation
- Litter picking
- Preserving waterways
- Rural conservation
- Urban conservation
- Zoo/farm/nature reserve

Helping a charity or community organisation

- Administration
- Being a volunteer lifeguard
- Content creation
- Event management
- Fundraising
- Heritage and cultural
- Mountain rescue
- Serving a faith community
- Social Media support
- Supporting a charity
- Trustee
- Virtual volunteering
- Website management
- Working in a charity shop

Coaching, teaching and leadership

- Dance leadership
- Group leadership
- Head student
- Music tuition
- Sports leadership
- Volunteering in a leadership or support role within a voluntary organisation
- CCF
- Church Lads' & Girls' Brigade
- Emergency services cadets
- Girlguiding UK
- Girls' Brigade
- Girls' Venture Corps
- Jewish Lads' and Girls' Brigade
- Scout Association
- St John Ambulance
- Boys' Brigade
- Cadet groups

Community action and raising awareness

- Ambassador roles
- Campaigning
- Climate action volunteering
- Council representation
- Cyber safety
- Home accident prevention
- Peer education
- Promotion & PR
- Youth advisory boards
- Youth voice panels



**YOUTH
WITHOUT
LIMITS**